

## Stoke Gabriel Boating Association Junior Sailing Courses 2019





Course A. Saturday 25<sup>th</sup> May – Wednesday 29<sup>th</sup> May. 5 days inclusive. Course B. Saturday 27<sup>th</sup> July – Wednesday 31<sup>st</sup> July.

The SGBA Junior Sailing Courses are an opportunity for your child to learn to sail whilst having a huge amount of fun on the river. As an RYA accredited training centre, we offer RYA Youth Sailing Scheme certificates for stages 1 - 4; but our primary focus is to learn sailing skills and enjoy being afloat.



Courses are run from the SGBA clubhouse at Mill Point. We offer up to two courses of 24 places each. Each course is for mixed levels of experience, from complete beginner onwards. Children should be aged between 9 - 14 years on the first day of the course. All applicants should be members of the SGBA. Both courses are for mixed experience, so that families can sail together.

Courses are run and taught by qualified dinghy sailing instructors and experienced sailors. The proposed dates for course B will be confirmed nearer the time to allow us to fit in with instructor availability

Those new to sailing and our less experienced sailors start off in Laser Bug dinghies. More experienced children sail Toppers and Laser Picos.

The successful running of the course depends on volunteer involvement by parents or other family members. Various roles must be filled in a team of shore based, rescue boat and dinghy helpers.

The course costs £115 per child, with at least three sessions of parental/family volunteer support per child. Please note that your child should be equipped with suitable sailing clothes and a buoyancy aid. Sailing helmets will be provided.

## **Application Forms:**

For Course A please contact Kirstien Bjerregaard for application forms by email: <a href="mailto:kirstien1@me.com">kirstien1@me.com</a> with JS-A in the subject heading. The closing date is Friday February 6<sup>th</sup>, 2019; however, places go quickly and will be allocated on a first come first serve basis.

Places will only be reserved when we receive your completed form. and payment has been made.

For Course B you will be notified in April about applying.

